

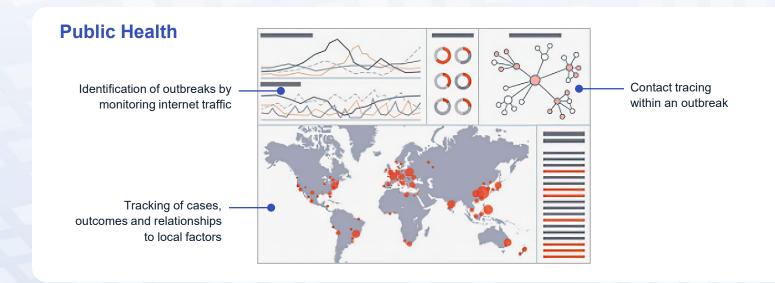
Al in Healthcare. Will it Affect Life Insurance?

Dr. Tim Meagher

MUD, New York, January 28th 2025



Al in Medicine – Current Uses







Clinical Trial Performance

- Decision support in trial design
- Patient identification, recruitment, and retainment
- Outcome and side-effect monitoring



Retrieval of Medical Information

- Use of multiple information sources about a patient to make a diagnosis
- ✓ Internet search engines
- ✓ EMR decision support

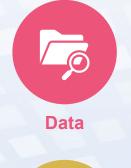


Operational Organization

- ✓ Operation room scheduling
- ✓ Billing and collections
- ✓ Patient follow-up

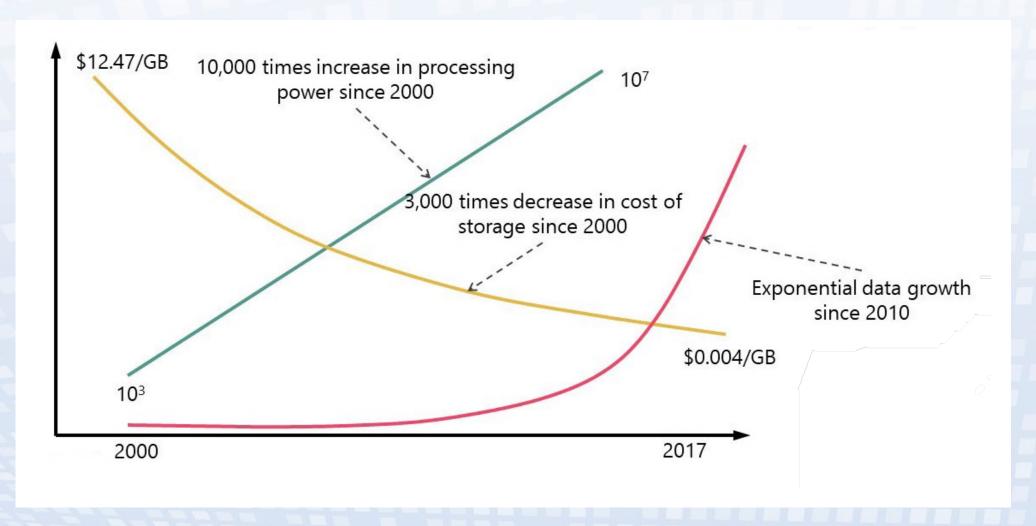
March 30, 2023 N Engl J Med 2023; 388:1201-1208. DOI: 10.1056/NEJMra2302038

The 3 Ingredients for AI progress









https://rpradeepmenon.medium.com/an-executive-primer-to-deep-learning-80c1ece69b34

Al Will Make Its Mark If...



and Earlier

Diagnoses



Better Therapies



Prevention



More Efficient Healthcare

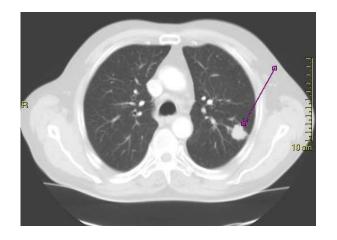


More Accurate and Earlier Diagnoses

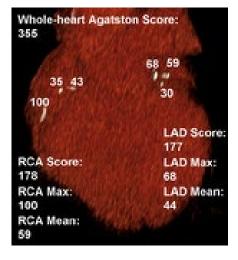


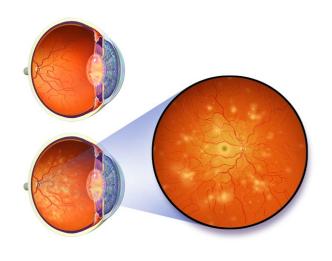


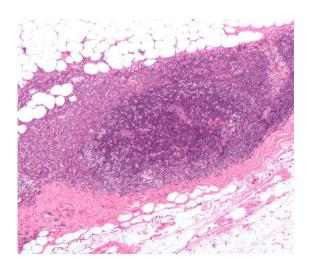
Al-assisted Imaging in 2025



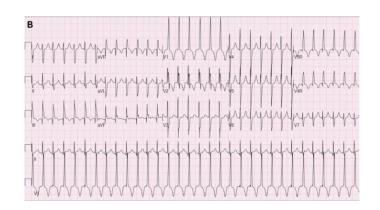












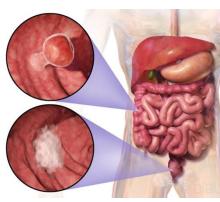


Image: Wikimedia Commons



CXR of the Future?

nature > nature communications > articles > article

Article Open access | Published: 07 July 2023

Opportunistic detection of type 2 diabetes using deep learning from frontal chest radiographs

Original Research | 26 March 2024

Deep Learning to Estimate Cardiovascular Risk From Chest Radiographs: A Risk Prediction Study

Publication: Annals of Internal Medicine • Volume 177, Number 4 • https://doi.org/10.7326/M23-1898

nature > nature communications > articles > article

Article Open access | Published: 16 May 2023

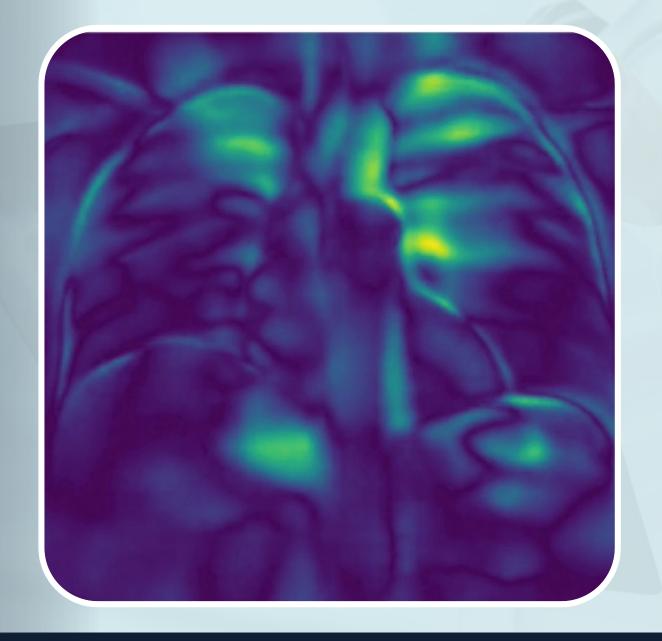
Deep learning to estimate lung disease mortality from chest radiographs





CXR to Diagnose Diabetes

- 271,000 CXRs; 160,00 subjects
- 16% prevalence and 14% 'suspicious'- AUC 0.84
- AUC 0.89 in subjects with BMI
 <25, who would not be candidates for screening
- Better performance than A1c



Nat Commun 14, 4039 (2023). https://doi.org/10.1038/s41467-023-39631-x

CXR to Estimate EF, and Detect Valvular Heart Disease

- 22,000 CXRs and 22,000 echos, from 17,000 subjects
- AUC 0.92 for EF <40%
- AUC 0.87 for valvular heart disease
- Used 'saliency maps' of the cardiac silhouette to impute echo results



Lancet Digital Health, July 6 2023 DOI: <u>10.1016/S2589-7500(23)00107-3</u>

CXR to Predict Lung-related Mortality

- 147,000 CXRs in 40,000 asymptomatic subjects
- "CXR- Lung-Risk"
- Validated in 3 different datasets
- Adjusted HR 12.15 for highest risk group



Nat Commun 14, 2797 (2023). https://doi.org/10.1038/s41467-023-37758-5



CXR Report of the Future

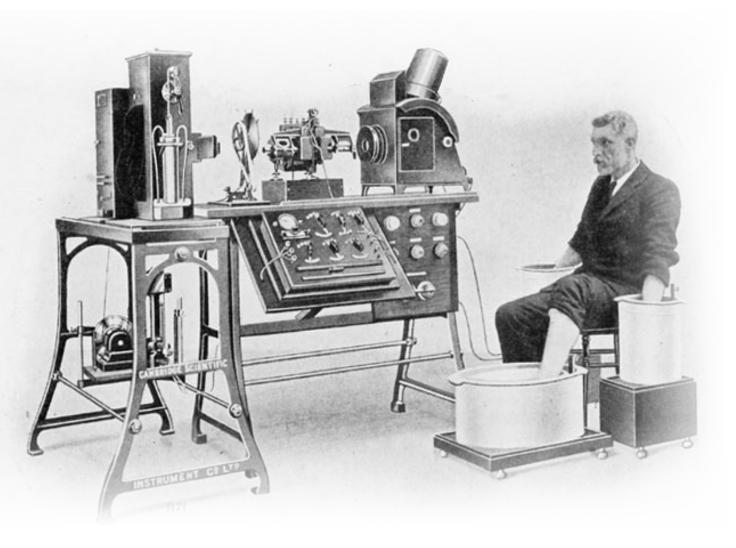
Your chest x-ray indicates that...

- You may have type 2 diabetes
- Your coronary calcium score is 976
- Your ejection fraction is normal
- Your 10-year cardiovascular risk of a heart attack, stroke, or death from cardiovascular disease is 14.1%

Please review with your physician regarding potential addition or intensification of a statin to your medications.

www.thelancet.com Vol 403 May 11, 2024

The EKG – Another Sleuth?





ECG of the Future



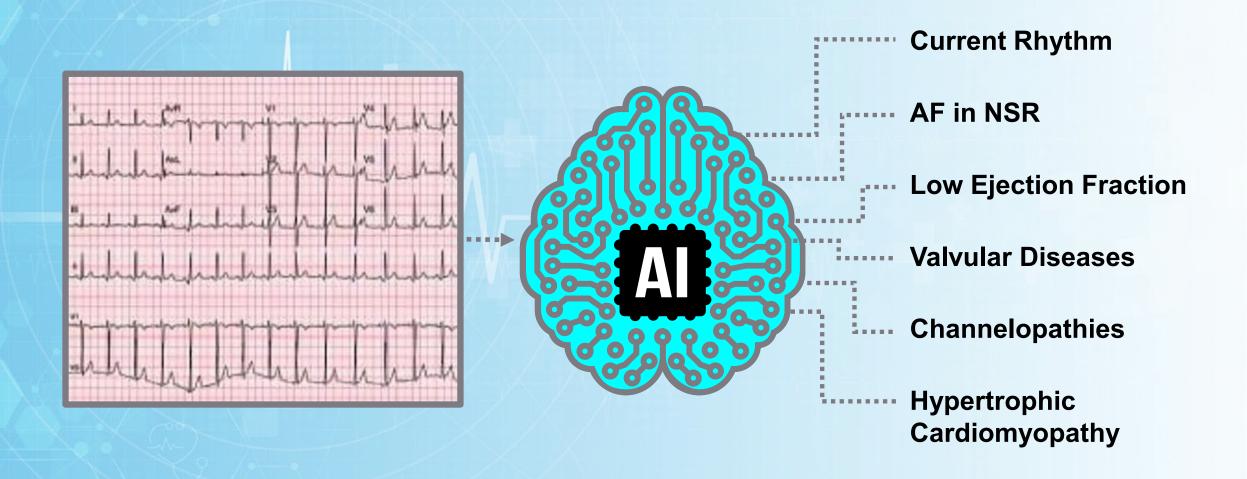
Clinical Trial > Lancet. 2022 Oct 8;400(10359):1206-1212. doi: 10.1016/S0140-6736(22)01637-3. Epub 2022 Sep 27.

Artificial intelligence-guided screening for atrial fibrillation using electrocardiogram during sinus rhythm: a prospective non-randomised interventional trial

Digital health Original research

Machine-learning algorithm to non-invasively detect diabetes and pre-diabetes from electrocardiogram 8

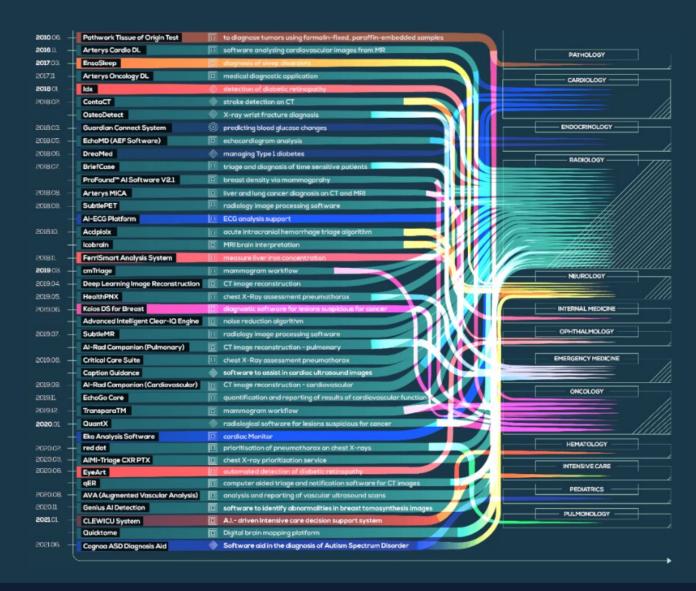
AI-ECG



J Insur Med (2024) 51 (2): 64–76. https://doi.org/10.17849/insm-51-2-64-76.1

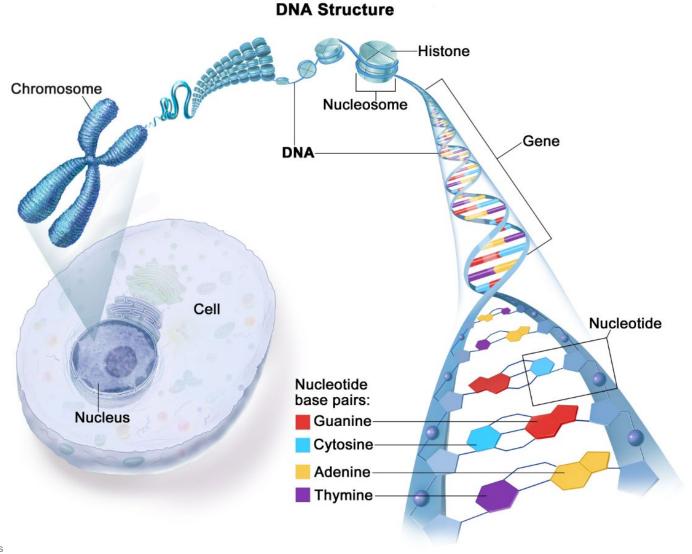
FDA Approvals for Al-based Devices in Medicine







Al-assisted Genomics

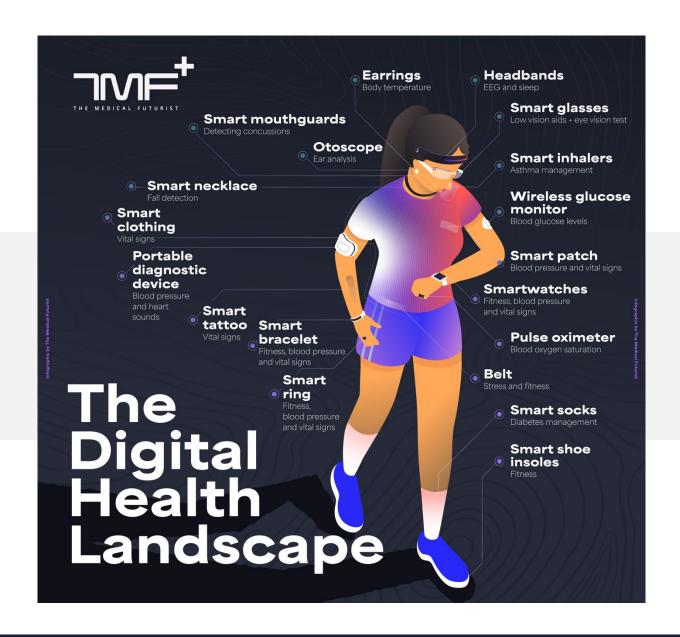






Digital Biomarkers

"Just measure it!"



Is AI as Good as Doctors?

Research Letter

April 1, 2024

Clinical Reasoning of a Generative Artificial Intelligence Model Compared With Physicians

Stephanie Cabral, MD¹; Daniel Restrepo, MD²; Zahir Kanjee, MD, MPH¹; et al

» Author Affiliations | Article Information

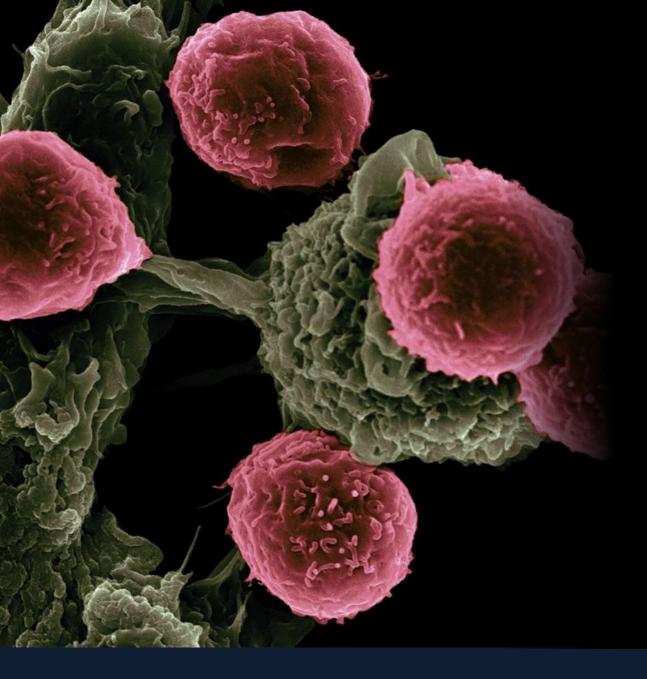
JAMA Intern Med. 2024;184(5):581-583. doi:10.1001/jamainternmed.2024.0295



Better Therapies







Cancer Treatment

Put away the shotgun approach!

NCI: Victor Segura Ibarra and Rita Serda, Ph.D.

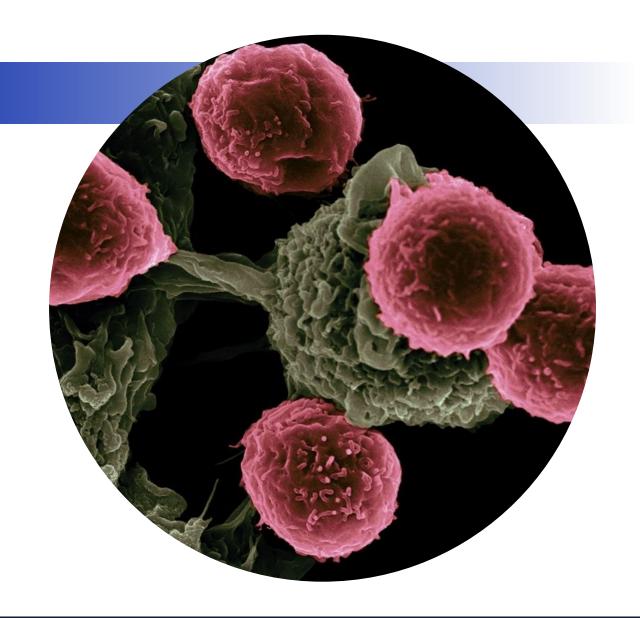
Evolution of Cancer Therapy



Cancer Treatment

More effective and/or safer "targeted" treatment

- Genotyping of tumor to guide treatment –
- Each tumor is molecularly unique however, certain <u>pathways</u> are repeatedly affected
- New tumor-specific treatment based on those pathways

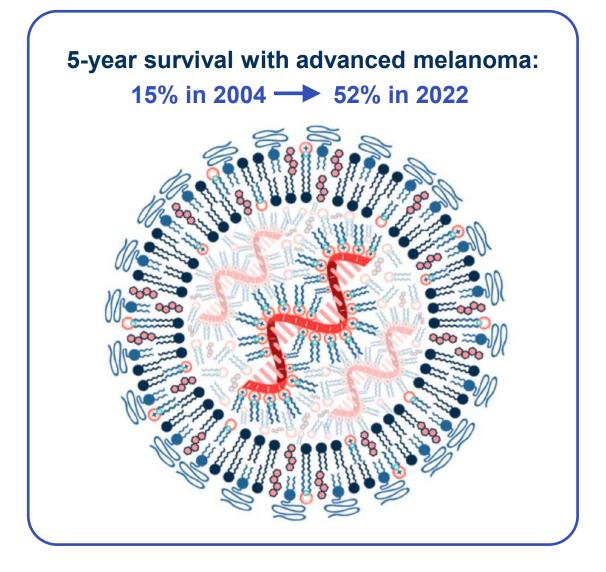


Cancer Vaccines

Create markers on tumor cells that immune cells can target

mRNA vaccines

- Uses DNA from the tumor to identify antigens unique to a patient's cancer → Neoantigens produced
- Triggers a tumor cell specific immune response
- Early successes for a number of solid tumors



Credit: NCI doi.org/10.3390/vaccines90

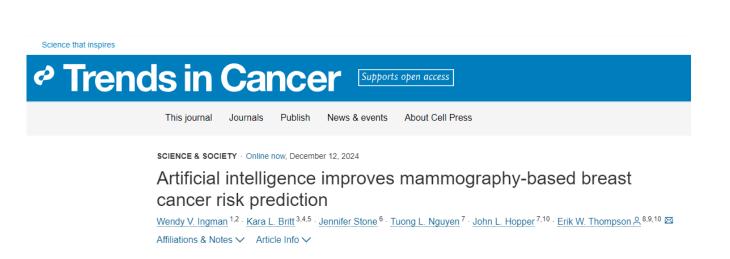


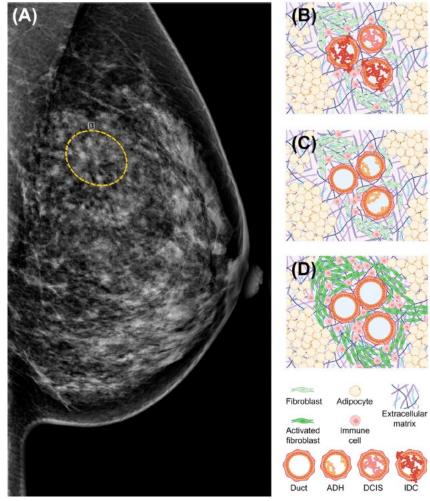
Epistemic Progress





Al-mammography Identifies New High-risk Features!





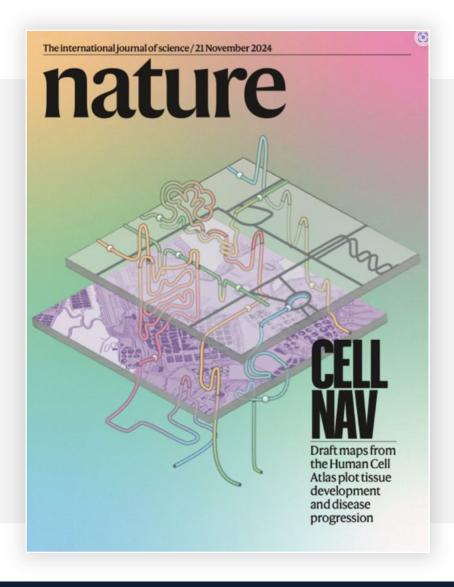
Al Prediction of Protein Structure







The Human Cell Atlas



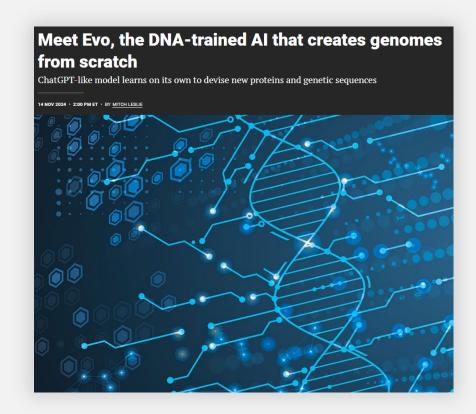
A 'Wikipedia for cells': researchers get an updated look at the Human Cell Atlas, and it's remarkable

EDITORIAL | 20 November 2024

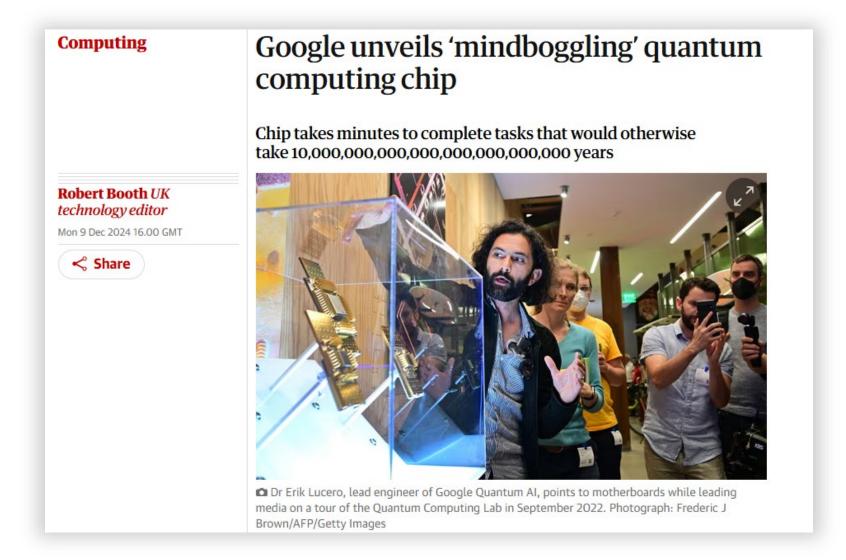


Al-generated Gene Sequence Analysis





And, Then There's Quantum Computing...





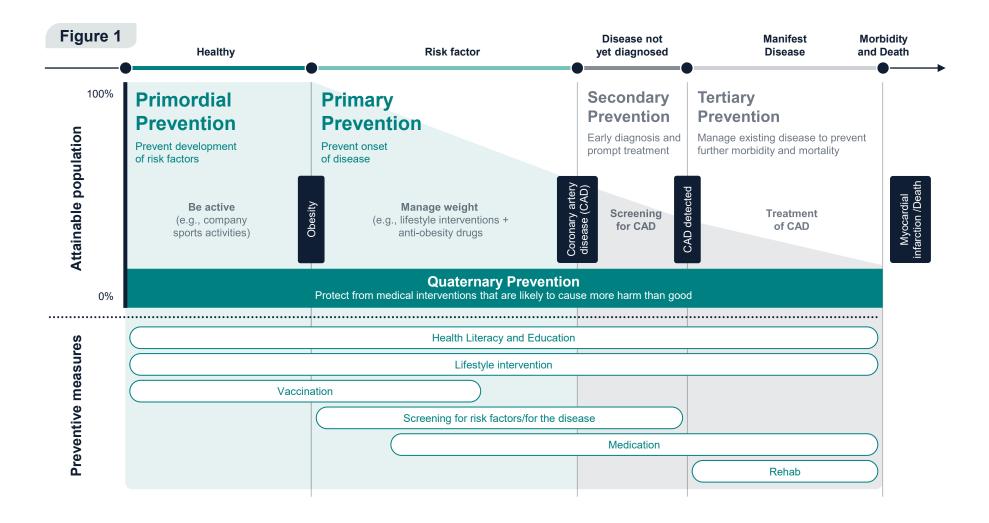
Better Prevention





The New World of Prevention

Time course of disease development and stages and methods of prevention



There are many hurdles...

This Issue

Views 47,302 | Citations 8 | Altmetric 62 | Comments 12

Viewpoint | AI in Medicine

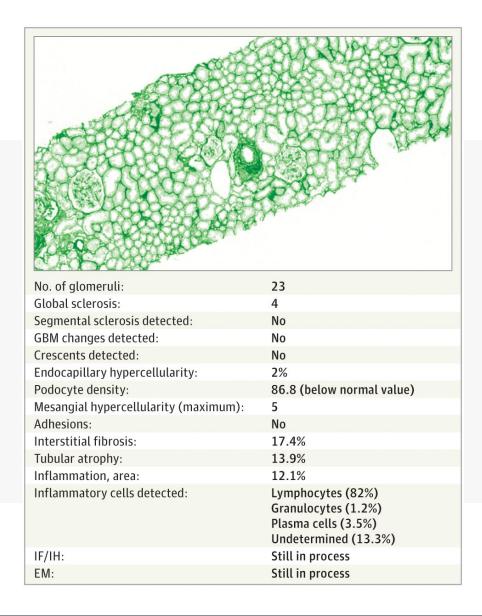
January 19, 2024

Al's Threat to the Medical Profession

Agnes B. Fogo, MD¹; Andreas Kronbichler, MD, PhD²; Ingeborg M. Bajema, MD, PhD³

≫ Author Affiliations | Article Information

JAMA. 2024;331(6):471-472. doi:10.1001/jama.2024.0018



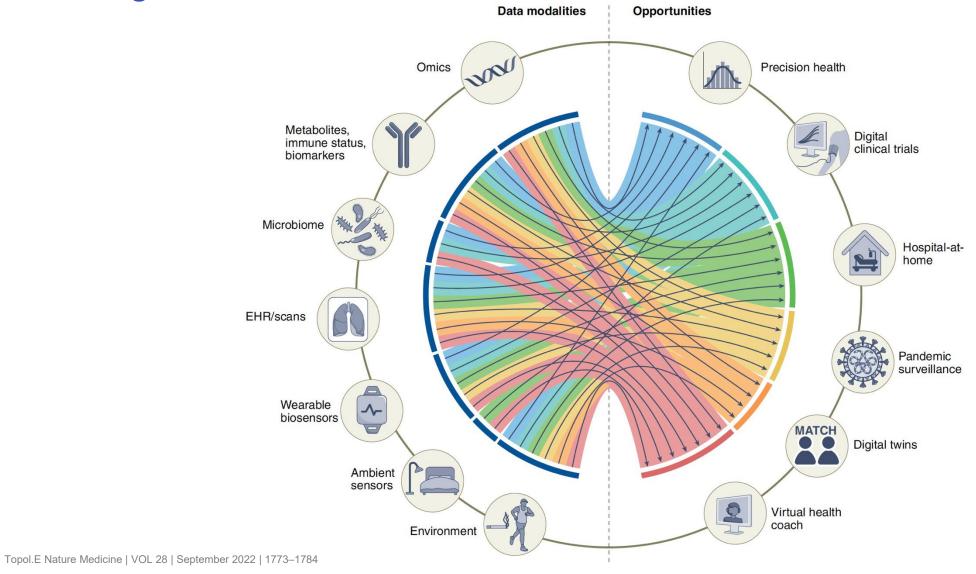


More Efficient Healthcare

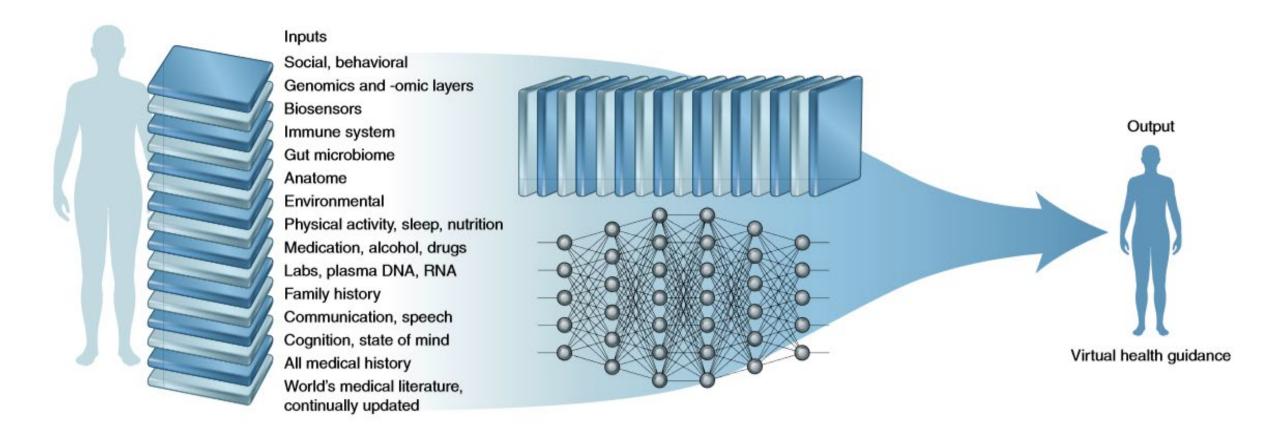




Putting AI to Work...

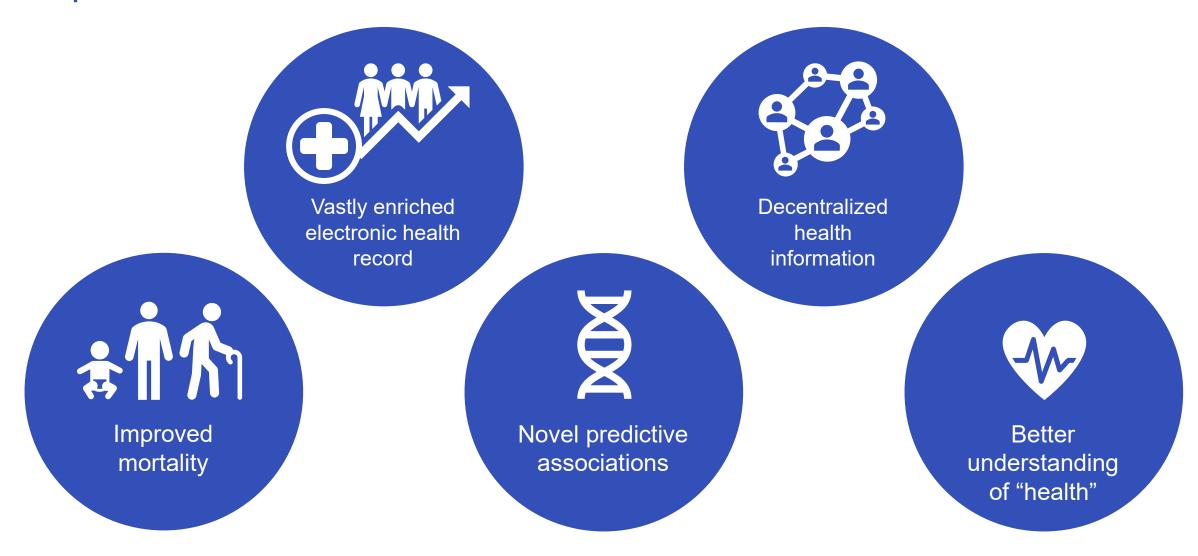


...Towards a Redefinition of Health



Source: Topol, Nature Medicine Vol 25 | January 2019 44-56

Impact on Life Insurance





Life Sciences Report- 2025

